

**Paediatric History Form (Age 0-12 years)**

Patient name: \_\_\_\_\_ Date: \_\_\_\_\_

Parents/ Guardians: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Do you consent to having our monthly newsletter sent to you? Yes\_\_\_ No\_\_\_

Date of Birth: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Who may we thank for referring you to our office? \_\_\_\_\_

**Health History:** Many Childhood illnesses can be due to misaligned vertebrae and pinched nerves in the spine.

What is your purpose for contacting us? \_\_\_\_\_

Other Doctors seen for this condition and course of treatment: \_\_\_\_\_

Many childhood illnesses can be due to misaligned vertebrae and pinched nerves in the spine. Has your child suffered from any of the following in the past six months?

- |  |   |  |  |                                      |
|--|---|--|--|--------------------------------------|
| <input type="checkbox"/> Ear Infections    | <input type="checkbox"/> Scoliosis          | <input type="checkbox"/> Learning Difficulties | <input type="checkbox"/> Sleeping Difficulties | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Tonsillitis       | <input type="checkbox"/> Digestive problems | <input type="checkbox"/> Chronic Colds         | <input type="checkbox"/> Headaches             |                                      |
| <input type="checkbox"/> Asthma/ Allergies | <input type="checkbox"/> Bed Wetting        | <input type="checkbox"/> Recurring fevers      | <input type="checkbox"/> Growing Pains         |                                      |
| <input type="checkbox"/> Colic             | <input type="checkbox"/> Seizures           | <input type="checkbox"/> Temper Tantrums       | <input type="checkbox"/> Back Problems         |                                      |
| <input type="checkbox"/> Dizzy/Clumsy      | <input type="checkbox"/> ADHD               | <input type="checkbox"/> Scoliosis             | <input type="checkbox"/> plagiocephaly         |                                      |

Previous Health provider: \_\_\_\_\_

Date of last visit: \_\_\_\_\_ Reason: \_\_\_\_\_

Paediatrician: \_\_\_\_\_

Date of last visit: \_\_\_\_\_ Reason: \_\_\_\_\_

Number of doses of antibiotics your child has taken in past 6 months: \_\_\_\_\_ in lifetime: \_\_\_\_\_

Number of doses of prescription medications your child has taken in past 6 mnths \_\_\_ Lifetime: \_\_\_\_\_

List: \_\_\_\_\_

Vaccination History: \_\_\_\_\_

Family History of Disease/Illness: \_\_\_\_\_

**Prenatal History:** Often, birth trauma can produce some of the first spinal problems in the delicate spine of a newborn.

Name of Midwife or Obstetrician: \_\_\_\_\_

Did you have any complications during your pregnancy: Y/N Explain: \_\_\_\_\_

Did you have ultrasounds during pregnancy: Y/N Number: \_\_\_\_\_

Did you smoke or consume alcohol during your pregnancy: Y/N

Were any of the following interventions used in your delivery (circle)?

Forceps Vacuum Extraction Induced Epidural C-section Other: \_\_\_\_\_

Were there any complications during your delivery? Y/N Explain ( collarbone broken / hematoma etc)

\_\_\_\_\_

Birth Weight: \_\_\_\_\_ Birth Length: \_\_\_\_\_ APGAR at birth: \_\_\_\_\_ at 5minutes \_\_\_\_\_

**Feeding History:**

Was your child breastfed? Y/N For how long? \_\_\_\_\_

Was your child formula fed? Y/N For how long? \_\_\_\_\_ Type: \_\_\_\_\_

When did you first introduce solids? \_\_\_\_\_ mnths. When did you introduce cow's milk? \_\_\_\_\_ mnths.

Does your child have any food or juice allergies/intolerances? \_\_\_\_\_

**Developmental History:** Many childhood falls can produce long-term spinal misalignments that may surface many years later in life.

How old was your child when he /she first walked? \_\_\_\_\_

How old was your child when he/she first crawled? \_\_\_\_\_

Does your child suck his or her thumb? \_\_\_\_\_

Does your child use a pacifier? \_\_\_\_\_

In what position does your baby sleep? \_\_\_\_\_

Does your baby turn his or her head more to one side than the other? \_\_\_\_\_

How is your baby's breathing ? ( noisy / quiet ) \_\_\_\_\_

Has your child ever fallen from a change table, tree, bicycle, crib, stair or other height?

Explain: \_\_\_\_\_

Has your child ever been in a car accident? Y/N Explain: \_\_\_\_\_

Has your child ever had a sports injury or been involved in a high impact or contact sport (soccer, football, hockey, gymnastics, cheerleading, martial arts)? Y/N Explain: \_\_\_\_\_

\_\_\_\_\_

Has your child ever had surgery or been seen on an emergency basis? \_\_\_\_\_

Menarche: Y/N Age: \_\_\_\_\_

We are here to serve you and encourage you to ask questions. Your participation in your family's care is vital and will help determine your child's results.

**Authorization for care of a minor:**

I, \_\_\_\_\_(please print name of parent/guardian), hereby authorize Sonya Romanowski B.Sc. Kin, RMT, DOMP, DSc O to administer care to my son/daughter as they deem necessary. I clearly understand and agree that I am personally responsible for payment of all fees charged.

Signed: \_\_\_\_\_ Witnessed: \_\_\_\_\_ Date: \_\_\_\_\_